



## LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2011

### REFERRAL STATISTICS

During 2011, Louisiana United Methodist Children & Family Services (LUMCFS) received a total of 616 referrals for placement in our residential programs across the state. Of these children referred for placement, 189 were referred by the Office of Juvenile Justice (OJJ), 324 were referred by the Department of Children and Family Services (DCFS), 63 were referred privately, 3 youth were referred by Department of Health and Hospitals (DHH) for the Mandeville campus and 40 youth were referred by Police or Sheriff's Offices for the Ruston campus.

During 2011, LUMCFS served a total of 203 individual youth in our programs. 138 youth resided on our Ruston campus, 7 youth resided in our Transitional Living Apartments in Monroe, 38 resided on our Mandeville campus, and 20 resided on our Sulphur campus. The average length of stay was 217.70 days, determined by dividing the days of care provided by the number of individuals served.

### RESIDENTIAL SERVICES

Our programs of residential care during 2011 included Alternate Care (AC), Emergency Shelter Care (ESC), Changing Attitudes & Behaviors (CAB) Program, Residential Care (RC), Child Specific/WINGS Residential (CS), and Transitional Living (TL). These programs were licensed as three distinct levels of care; CAB is Residential Specialized, WINGS Child Specific is High Plus, RC, ESC, and AC are all licensed as High/Moderate, and TL is licensed as Transitional Living/Supervised.

The days of care provided by custody for the individual programs of care are provided in the chart below. The total potential days of care during the year were 48,338. Of these potential 48,338 days of residential care, we provided 44,195 actual days of care, operating at 91.42% of potential capacity. The 44,195 actual days of care provided in 2011 represents an increase of 1.94% compared to the year 2010 when we provided 43,350 actual days of care. Significant to note that on July 31, 2011, Shelley House was closed to facilitate housing for residents as other houses are being painted. This closure is reflected in the reduction of potential days (capacity) and actual days of care provided from August 1, 2011 to December 31, 2011. In addition, Methodist Children's Home of Southwest Louisiana received its first youth for care in July.

**Actual Days of Care Provided by Custody for Individual Programs during 2011**

Programs (Level of Care)	Custody					Total Days by Program
	AC	OJJ	DCFS	Private	DHH	
Alternate Care (Controlled/High)	804	0	0	0	0	804
Emergency Shelter Care (Controlled/High)	0	242	2,339	165	0	2,746
Changing Attitudes & Behaviors (Specialized)	0	0	10,888	0	0	10,888
Residential Care (High)	0	5,002	11,585	630	0	17,217
Child Specific/WINGS (High Plus)	0	0	2,075	0	0	2,075
Supervised Apartments (Transitional Living)	0	0	1,694	0	0	1,694
Residential Care (High) – MHCGNO	0	0	6,492	0	30	6,522
Residential Care (High) – MCHSWLA	0	826	1,423	0	0	2,249
<b>Total by Custody</b>	<b>804</b>	<b>6,070</b>	<b>36,496</b>	<b>795</b>	<b>30</b>	<b>44,195</b>



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### RESIDENTIAL STATISTICS RELATED TO DAYS OF CARE

#### Relationship of Actual Days of Care Provided to Potential Days and Actual Days in Previous Year

Actual Days 2010	Residential/Transitional Program (Level of Care)	Potential Days (Capacity)	Actual Days 2011	Percentage of Capacity	Percentage Over 2010
544	Alternate Care (High)	1,095	804	73.42%	47.79%
2,283	Emergency Shelter Care (High)	3,285	2,746	83.59%	20.28%
10,860	Changing Attitudes & Behaviors (Specialized)	10,950	10,888	99.43%	0.25%
20,165	Residential Care (High)	19,640	17,217	85.38%	-14.61%
2,128	Child Specific / WINGS (High Plus)	2,190	2,075	94.74%	-2.49%
1,363	Supervised Apartments (Transitional Living)	2,190	1,694	77.35%	24.28%
5,713	Residential Care (High) MHCGNO	6,570	6,492	98.81%	13.63%
294	Residential Care (High/DHH) MHCGNO*	NA*	30	NA*	-89.79%
0	Residential Care (High) MCHSWLA**	2,418	2,249	93.01%	NA%
<b>43,350</b>	<b>Totals by Custody</b>	<b>**48,338</b>	<b>44,195</b>	<b>91.42%**</b>	<b>1.94%</b>

\*Department of Health and Hospitals (DHH) is not a contractor of Residential Services. However, two beds are reserved for (DHH) on our MHCGNO campus on an as needed basis. This is done in an effort to assist Southeast Louisiana State Hospital with the facilitation of a less restrictive placement option for a selected few of their adolescent clients. Thus, the statistics as they pertain to that section are indicative of the program only being used on an as needed basis. \*\*All totals and percentages (total potential days and total percentage of capacity) do not include DHH aggregations.

#### Days of Residential Care Provided by Contract/Bed Distribution

Residential Services Contracts	Contractual Days of Care	Actual Days of Care	Number Over Contract	Percentage of Contracted Capacity	Percentage Over Contract
DCFS - Emergency Shelter Care	2,190	2,339	149	106.80%	6.80%
AC - Emergency Shelter Care	1,095	804	-291	73.42%	-26.57%
DCFS - Changing Attitudes & Behaviors	10,950	10,888	-62	99.43%	-0.56%
DCFS - Child Specific	2,190	2,075	-115	94.74%	-5.25%
DCFS - Residential Care	13,140	11,585	-1,555	88.16%	-11.83%
OJJ - Residential Care	6,384	5,244	-1,140	82.14%	-17.85%
PRI - Residential/Emergency Shelter Care	NA	795	NA	NA	NA
DCFS - Supervised Apartments (Transitional Living Program)	2,190	1,694	-496	77.35%	-22.64%
DHH - Residential Care MHCGNO	NA	30	NA	NA	NA
DCFS - Residential Care MHCGNO	6,570	6,492	-78	98.81%	-1.18%
DCFS - Residential Care MCHSWLA	2,052	1,423	-629	69.34%	-30.65%
OJJ - Residential Care MCHSWLA	1,026	826	-200	80.50%	-19.49%
<b>Total</b>	<b>47,787</b>	<b>44,195</b>	<b>-3,592</b>	<b>92.48%</b>	<b>-7.51%</b>



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### RESIDENTIAL STATISTICS RELATED TO GENDER, RACE, AND CUSTODY

#### Individuals by Race, Gender, and Custody

Custody	Black			White			Other			TOTAL		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
AC	34	19	15	4	2	2	0	0	0	38	21	17
OJJ	30	11	19	23	11	12	0	0	0	53	22	31
DCFS	54	24	30	49	33	16	4	3	1	107	60	47
PRI	0	0	0	4	3	1	0	0	0	4	3	1
DHH	1	1	0	0	0	0	0	0	0	1	1	0
<b>TOTALS</b>	<b>119</b>	<b>55</b>	<b>64</b>	<b>80</b>	<b>49</b>	<b>31</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>203</b>	<b>107</b>	<b>96</b>

#### Custody by Race

Race	AC	OJJ	DHH	DCFS	PRI
Black	89.47%	56.60%	100.00%	50.47%	0%
White	10.53%	43.40%	0%	45.80%	100.00%
Other	0%	0%	0%	3.73%	0%
<b>TOTALS</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>	<b>100.00%</b>

#### State by Race

Race	State (DHH, DCFS, OJJ)
Black	52.80%
White	44.72%
Other	2.48%
<b>TOTALS</b>	<b>100.00%</b>

#### Racial Distribution

Race	Percentiles
Black	58.62%
White	39.41%
Other	1.97%
<b>TOTAL</b>	<b>100.00%</b>



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### STATISTICS RELATED TO ADMISSIONS, DISCHARGES, AND LENGTH OF STAY STATISTICS

Statistics related to the admission and discharges of youth from the different levels of care are presented in the chart below. For purposes of utilization review, these statistics also provide information regarding length of stay by custody and level of care for the reported year. It is important to note that the statistics are a representation of the reported year of 2011. Length of stay was determined by dividing the number of days of care provided by the number of clients served only for the year of 2011.

Residential Program	Custody	Continued from 2010	Admitted In 2011	Discharged In 2011	Continued To 2012	Participants	Days Of Care	Average LOS (days)
<b>CAB</b>	DCFS	29	8	7	30	37	10,888	294.27
<b>CS</b>	DCFS	5	5	4	6	10	2,075	207.50
<b>AC</b>	AC	2	37	37	2	39	804	20.61
<b>SA/TL</b>	DCFS	4	3	2	5	7	1,694	242.00
<b>ESC</b>	DCFS	6	23	23	6	29	2,339	80.65
	OJJ	0	11	11	0	11	242	22.00
	PRI	1	1	2	0	2	165	82.50
	<b>TOTAL</b>	<b>7</b>	<b>35</b>	<b>36</b>	<b>6</b>	<b>42</b>	<b>2,746</b>	<b>65.38</b>
<b>RGC</b>	OJJ	15	27	27	15	42	5,002	119.09
	DCFS	34	22	25	31	56	11,585	206.87
	PRI	3	1	4	0	4	630	157.50
	DCFS (MHCNO)	16	22	19	19	38	6,492	170.84
	DHH (MHCNO)	0	1	1	0	1	30	30.00
	OJJ (MCHSWLA)	0	6	0	6	6	826	137.66
	DCFS (MCHSWLA)	0	14	2	12	14	1,423	101.64
	<b>TOTAL</b>	<b>68</b>	<b>93</b>	<b>78</b>	<b>83</b>	<b>161</b>	<b>25,988</b>	<b>161.41</b>
<b>GRAND TOTALS</b>		<b>115</b>	<b>181</b>	<b>164</b>	<b>132</b>	<b>296</b>	<b>44,195</b>	<b>149.30</b>



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### INDEPENDENT LIVING/TRANSITIONAL LIVING PROGRAM

During 2011, the Life Skills Training Center presented 328 structured classes and seminars to 14-18 year olds. This is a decrease of 12% from the 371 structured classes and seminars taught in 2010. A total of 451 individual youth received services from the Independent Living Program. This is a decrease of 14% from the 522 individual youth who received services from the Independent Living Program in 2010. These decreases are partially due to the closure of a couple of programs in the region which contributed to the reduction in the number of youth served and the number of groups held. Children in the care of our agency, in the care of other child care agencies and in foster care have attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our staff provides services to a catchment area which covers all of northeast Louisiana; from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Program receives a pre-test and post-test for independent living skills assessment. During 2011 the average score on pre-tests was 57% with the average on post-tests being 88% for a pre-test/post-test average percent of change of 35%.

### FAMILY COUNSELING CENTER

During 2011, Family Counseling Center served a total of 4,671 individuals. This is an increase of 43% from the 3,258 individuals served during 2010. This number includes outpatient counseling, Crime Victim's Assistance program services, residential counseling services, community outreach education and prevention services, and professional evaluation and referral services.

**Statistics of Services and Programs Offered During 2011**

Programs	Families	Individuals
Outpatient Counseling Services	280	391
Outpatient CVA Counseling Services	43	86
Outpatient Therapeutic Groups	9	14
Residential Family Counseling Services	93	254
Residential Groups	13	13
Community Education Trainings/Prevention Services	502	502
2% of Circulation of Publications	3,211	3,211
Telephone Information/Referrals	200	200
<b>TOTAL SERVED</b>	<b>4,351</b>	<b>4,671</b>

**Subcategory Types of Services & Groups Offered by the Family Counseling Center during 2011**

Services	Groups
Individual Therapy	Anger Management (Court-Ordered)
Marital Therapy	ADHD Community Training
Trauma Counseling	CVA Adult Survivor Group for LMCH Residential Youth
Crime Victim's Program	CVA Adult Survivor Group for Outpatients
Play Therapy	Filial Parenting for Parents of Traumatized Children (Family Counseling Center and Trinity Methodist Church)
Group Counseling	CHADD Parent to Parent for Parents of Children with ADHD
Collaborative Divorce	Grandparents Raising Grandchildren
Community and Professional Trainings	Trans-parenting for Divorced Parents
Collaboration with Community Agencies and Churches	Collaborations with LATECH and ULM



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Family Counseling Center served individuals and families in 14 parishes and counties in Louisiana, Arkansas, and Mississippi. Approximately 2,100 outpatient counseling sessions were conducted in 2011. There was a 5% increase from 2010 in the number of families that received counseling services. Outpatient services included individual and family counseling, therapeutic groups, educational groups, community crisis intervention, community referrals, and professional training.

In 2011 Family Counseling Center utilized counseling interns from Louisiana Tech University and University of Louisiana at Monroe and provided counselor interns with 201 counseling hours and site supervision. Louisiana Tech University offered an Advance Play Therapy course during the fall of 2011 with Dr. Judy Crow as the instructor. In addition, Louisiana Tech University also utilized the Family Counseling Center as the location for the course, taking full advantage of the training environment and play therapy room of the Family Counseling Center.

Family Counseling Center partnered with Trinity United Methodist Church and Calvary Baptist Church and provided specialized parenting education trainings. Dr. James Bagley presented at Louisiana Marriage and Family Therapy conference. Mrs. Sandy Adams presented information on 1, 2, 3 Magic and ADHD at Louisiana Tech University, First Baptist Church (Calhoun), Calvary Baptist Church, and the NAMI organization. Mrs. Sharon Kilcoyne and Ms. Erin Rockett presented at The Arbor and Second Beginnings on the topic of Caregiver Stress. Dr. Judy Crow presented twice at Louisiana Tech University and facilitated a Filial Parenting class. Dr. Judy Crow and Mrs. Sandy Allen wrote an article on ADHD that was featured in *Ruston Daily Leader*, *Monroe News Star*, and *LUMCFS Pathways*.

Family Counseling Center continues to strive to meet the needs of families in North Louisiana and to strengthen our specialties in children's services including play therapy, specialized parenting programs, trauma recovery which included use of Eye Movement Desensitization Reprocessing (EMDR), (TF-CBT) Trauma Focused Cognitive Behavioral Therapy and marriage issues including divorce recovery services for families and children.

### HOWARD SCHOOL

Howard School provided educational services to 182 youth during the 2011 calendar year. Of these students 173 were residents of LMCH and 9 were off-campus referrals from the Lincoln Parish School Board. Female students made up 95 of that number and male students made up 86. The average daily population of the Howard School and the John Allen Vocational Center was 101 students. Twelve high school students took state assessments. End of course testing at the high school level was successful with 50% of the students who took tests passing to earn course credit. GEE testing was less successful with one student passing one section of the test. Junior high performance on state assessments was poor with one student passing each section of the LEAP and iLEAP.

Howard School was rated an Academically Unacceptable School (AUS-3) school for 3 consecutive years of poor performance on state assessments. This rating does not accurately reflect teaching quality at the school. School performance is severely impacted by the high level of student transience. Approximately 60% of the students who began the school year at Howard School were not attending at the time of testing. This high turnover rate negatively impacts achievement; particularly when many of the students who enroll at Howard School throughout the year have been enrolled at 3 or more schools during the same school year. At the time of testing in April 2011 only 37 of the 101 students at the beginning of the year were still attending.

The John Allen Vocational Center served 47 students. Off-campus students comprised 5 of that number. Eight students in the GED program earned a GED. Sixteen students tested; resulting in a 50% passage rate. The national average for GED attainment is 65% of all test takers pass the test. Five students at the John Allen Vocational center earned NCCER accreditation which certifies they had acquired basic construction skills valued by contractors. Two students earned a State of Louisiana Barber's License. Two students earned welding helper certifications.



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### **FAMILY PLUS PROGRAM**

During the calendar year of 2011, the programs of the Family Plus department provided assistance to a total of 1,209 individuals and 467 families. Services we offered included such things as: intensive in-home counseling, out-patient counseling, assessments, referrals, aftercare, seminars and workshops.

Our regional Family Plus offices provided services to 395 families and 957 individuals. Baton Rouge Family Plus served 91 families and 228 individuals. Monroe Family Plus served 69 families and 108 individuals. In Pineville, Family Plus served 56 families and 178 individuals. Ruston Family Plus served 93 families and 241 individuals. In Shreveport, Family Plus served 72 families and 152 individuals.

The Multi Systemic Therapy (MST) in-home program in Shreveport and Monroe areas served a total of 72 families, representing 252 individuals. This marks our fifth complete year of providing this service. During 2011, 95% of our MST cases completed treatment, 90% of all MST cases, the youth was living at home and had no new arrests, and in 95% of all cases the youth is demonstrating success in Educational/Vocational Setting. Multi-Systemic Therapy is now partially funded by Medicaid in Louisiana.

During 2011, Family Plus continued to offer Active Parenting classes and/or the Strengthening Families Program in all locations. Family Plus will continue to seek innovative programming, which can help families thrive. The demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.

### **OUTDOOR WILDERNESS LEARNING CENTER (O.W.L)**

The OWL was visited by over 11,000 individuals in 2011. We provided a variety of activities for our youth in care, as well as served the community with our campus and programs.

The Thomas Henning Family Lodge continues to be utilized by family members of LMCH residents and staff from satellite offices. Our youth enjoy being able to stay with their families and take part in family therapy. Several families took advantage of the opportunity to participate in equine assisted psychotherapy while staying at the lodge. Several guests have noted they particularly enjoyed the peaceful setting and the chance to "get away from it all."

The Henning Conference Center was visited by over 4,500 people last year. It was used for numerous LUMCFS functions, including Thanksgiving dinner and staff Christmas luncheon, summer program speakers, 4-H activities, and various trainings. It was also utilized by the community for events such as weddings, family reunions, workshops, and retreats.

With almost 2000 participants in 2011, the ropes course continues to be popular with groups of all ages and backgrounds. This year's outside groups included churches, athletic teams, school groups and business corporations. Many of these groups come back every year and incorporate the ropes course into their events as an important teambuilding tool. The staff and youth from LMCH also took part in teambuilding events throughout the year.

Volunteers continue to be a major part of the OWL's success. The OWL had groups from all over Louisiana and from as far away as Minnesota. As always, they came with a wide range of talents, as well as the most important asset for an OWL volunteer: the willingness to work! OWL volunteers cleared trails, worked in the greenhouse, painted and cleaned buildings, and worked on construction projects. We also have a wonderful core group of volunteers who come on a regular basis to make salsa and jelly.

The OWL Center 4-H club had another active year. The OWL had approximately 45 members who participated in various activities throughout the year. Most of the club members participated in weekly and monthly events. Some of the monthly activities included club meetings, and 4-H fun Fridays. Different youth each month would lead the OWL Club in group meetings with the parish leaders. As a club we would read the 4-H Pledge, Pledge of Allegiance, go over old business and discuss new things that were happening as a club. The parish 4-H Leader would then take the club through activities and games related to the theme. In 2011, the youth learned about internet safety. The 4-H Fun Fridays were held once a month and were a good way for the kids to socialize and have fun. Activities included Wii Dance offs, group kickball/softball games, and checkers/jenga tournaments. Different houses and programs on campus also came out for various weekly meetings. These smaller groups were able to focus more on a specific





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topic related to their particular interest. Some of these interest included health, cooking, horticulture, photography, fishing and crafts. Many of the club members also participate in special OWL Club activities throughout the year. Some of these annual events included the Pumpkin decorating contest, Girls Conference, Christmas Cookie Decorating Contest, Winter Championships, and Awards Banquet. There are also many parish wide club activities that some of our youth are eligible to attend. Some these events include; talent show, pet show, and fishing club events.

The equine program numbers increased from 1103 to 2326 participants in the 2011 year. The horsemanship program continues to be the most popular program at the OWL. Throughout the year, LUMCFS youth from every house and program participated in these classes. Groups were taught on a weekly basis, with a different house/unit coming almost every day of the week throughout the school year. Youth were taught to safely handle, care for, and ride horses. This year, each week had a theme, such as responsibility, setting goals, following directions, motivation, and respect. During each session, youth completed an activity that was pertinent to the week's theme. These classes are a wonderful opportunity for our youth to practice communication, compassion, and much more with "their horse."

Equine assisted therapy has been a part of teambuilding events for youth and staff. Community groups, including the Lincoln Leadership class and Louisiana Tech University softball team begun to utilize the team building component of the equine program. OWL staff once again brought horses to MedCamps of LA during the summer camp months as LMCH youth volunteered to lead the horses and serve as side walkers.

Equine Assisted Psychotherapy is a vital part of our equine program. Therapists and OWL staff worked together to provide equine assisted therapy sessions for youth. In EAP, participants learn about themselves and others by participating in activities with the horses, and then processing feelings, behaviors, and patterns. Non-verbal communication, assertiveness, problem-solving, responsibility, relationships, and confidence are several examples of the tools developed by EAP. Therapy groups last 8-10 weeks, and last year's topics included anger management, self-esteem, and peer interaction. The OWL equine program also provides opportunities for youth to participate in family therapy and individual therapy. Several houses also utilized EAP in staff/youth teambuilding events.

The OWL Program also held the 'Truancy Program' in 2011 in an effort to reduce truancy and improve the school performance of at-risk youth. The OWL Equine Program partnered with University of Louisiana at Monroe, Gerontology Department and the Lincoln Parish Truancy Assessment Office in a unique mentoring program. Volunteers from the Retired and Senior Volunteer Program were paired with selected at risk youth from the community and participated in a monthly program at the OWL. The program utilized equine-facilitated learning, horsemanship, and equine assisted therapy activities. The focus was on building self-esteem and confidence, setting goals, planning, and problem solving. Approximately 30 people participated in the program.

Summer program was a huge success, with youth participating in the high and low ropes course, maze activities, canoeing, swimming, mountain biking, horseback riding, and much more! There were also special speakers from the Monroe zoo, Wildlife and Fisheries department, and the SPARTA Aquifer. The Mandeville home also visited the OWL for a first ever special camp session, staying at the bunkhouse for a fun filled long weekend.

Methodist Home for Children of Greater New Orleans (MHCGNO) made its second visit to the OWL for a special camp session. During their stay, they lodged at the bunkhouse for a fun filled long weekend. Methodist Children's Home of Southwest Louisiana (MCHSWLA) had their first trip to the OWL Center during Christmas vacation. Youth and staff enjoyed 3 days packed with horsemanship, horseback riding, mountain biking, ropes course, field games, fishing, campfires with smores, and many fun activities.





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**Outdoor Wilderness Learning Center (OWL) Utilization Statistics**

<b>Activity / Facility</b>	<b>2010</b>	<b>2011</b>	<b>Percentage Over 2010</b>
Warren & Noella Frazier Pavilion/Sports Complex	4,737	5,699	20.30%
J.T. & Edith Henning Conference Center	2,572	4,786	83.08%
OWL Challenge Course/Ropes Course	1,855	1,989	7.22%
Lonnie Benjamin & Nellie Peters Kilpatrick Bunk House	2,196	2,082	-5.19%
Louis B. Faulk Maze	1,291	1,723	33.46%
Charles T. Beard Equine Center and Programs	1,163	2,326	100.00%
4-H Activities and Projects	723	942	30.29%
Fishing at OWL Ponds	837	1,440	72.04%
Volunteer Programs and Activities	918	428	-53.37%
Boating at OWL Pond	526	470	-10.64%
Other Activities at OWL Center	382	315	-17.53%
Biking on OWL Trails	388	190	-51.03%
OWL Weekend Activities	361	98	-72.85%
J.T. & Edith Henning Family Lodge	733	322	-56.07%
OWL Hiking Trails	249	246	-1.20%
Karen A. Vining Arbor Walk (open to the public)	NA	NA	NA