



**LOUISIANA UNITED METHODIST CHILDREN & FAMILY SERVICES, INC.
STATISTICAL REPORT OF SERVICES FOR 2008**

REFERRAL STATISTICS

During 2008, Louisiana Methodist Children’s Home received a total of 1,058 referrals for placement in our residential programs. Of these children referred for placement, 370 were referred by the Office of Juvenile Justice, 483 were referred by the Office of Community Services for the Ruston campus and 55 were referred by the Office of Community Services for the Mandeville campus. 78 were referred privately. 72 youth were referred by police or sheriff’s offices.

During 2008, Louisiana Methodist Children’s Home served a total of 259 individual youth in our residential programs. The average length of stay was 158.34 days, determined by dividing the days of care provided by the number of individuals served.

RESIDENTIAL SERVICES

Our programs of residential care during 2008 included Alternate Care (AC), Emergency Shelter Care (ESC), Changing Attitudes & Behaviors (CAB) Program, Residential Care (RC), Child Specific/WINGS Residential (CS) , and Transitional Living (TL). These programs were licensed as four distinct levels of care; CAB is Residential Specialized, ESC and AC are licensed as High/Controlled, WINGS Child Specific is High Plus, RC is licensed as High/Moderate, and TL is licensed as Transitional Living/Supervised.

The days of care provided by custody for the individual programs of care are provided in the chart below. The total potential days of care during the year were 47,692. Of these potential 47,692 days of residential care, we provided 41,012 actual days of care, operating at 86 % of potential capacity. The 41,012 actual days of care provided in 2008 represents a increase of 14.42% compared to the year 2007 when we provided 35,841 actual days of care.

Programs (Level of Care)	Custody				Total Days by Program
	AC	OJJ	OCS	Private	
Alternate Care (Controlled/High)	1,057	0	0	0	1,057
Emergency Shelter Care (Controlled/High)	0	620	2,082	91	2,793
Changing Aggressive Behaviors (Specialized)	0	0	10,878	0	10,878
Residential Care (High)	0	6,036	12,316	814	19,166
Child Specific/WINGS (High Plus)	0	0	2,061	0	2,061
Supervised Apartments (Transitional Living)	0	0	1,805	0	1,805
Residential Care (High) - MHGNO	0	0	3,252	0	3,252
Total by Custody	1,057	6,656	32,394	905	41,012

Relationship of Actual Days of Care Provided to Potential Days and Actual Days in Previous Year

Actual Days 2007	Residential/Transitional Program (Level of Care)	Potential Days (Leap Year) (Capacity)	Actual Days 2008	Percentage of Capacity	Percentage Over 2007
864	Alternate Care (Controlled)	1,464	1,057	72.20%	22.34%
2,409	Emergency Shelter Care (Controlled)	2,928	2,793	95.40%	15.94%
10,789	Changing Aggressive Behaviors (Specialized)	10,980	10,878	99.07%	0.82%
19,635	Residential Care (High)	21,228	19,166	90.30%	-2.40%
2,144	Residential Care WINGS (High Plus)	2,196	2,061	94.00%	-3.87%
0	Supervised Apartments (Transitional Living)	2,196	1,805	82.20%	NA%
0	Residential Care (High) MHGNO	6,700	3,252	48.54%	NA%
0	Residential Care (High/DHH) MHGNO	*670	*0	NA%	NA%
35,841	Totals by Custody	**47,692	**41,012	**86.00%	** -14.42%

Department of Health and Hospitals (DHH) is not a contracted Residential Service. However, two beds are reserved for (DHH) on our MHGNO campus on an as needed basis. This is done in an effort to aid them with the facilitation of a less restrictive placement for a selected few of their adolescent clients who are in need of that particular level of care. Thus, the statistics as they pertain to that section are indicative of the program only being used on an as needed basis. **All totals and percentages (total percentage of capacity, total by custody, and percentage over 2007) do not include DHH aggregations.



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Days of Residential Care Provided by Contract/Bed Distribution

Residential Services Contracts	Contractual Days of Care (Leap Year)	Actual Days of Care	Number Over Contract	Percentage Over Contract
OCS - Emergency Shelter Care	2,196	2,082	- 114	- 5.20%
AC - Emergency Shelter Care	1,464	1,057	- 407	- 27.80%
OCS - Changing Aggressive Behaviors	10,980	10,878	- 102	-.93%
OCS - Child Specific	2,196	2,061	- 135	- 6.15%
OCS - Residential Care	13,176	12,316	- 860	- 6.53%
OJJ - Residential Care	6,588	6,656	68	1.03%
PRI – Residential/Emergency Shelter Care	1,464	905	- 559	- 38.20%
Supervised Apartments (Transitional Living)	2,196	1,805	- 391	- 17.80%
OCS – Residential Care MHGNO	6,700	3,252	- 3448	- 51.46%
Total	46,960	41,012	-5,948	-12.66%

Statistics related to the custody, race and gender of our residents are provided below:

Individuals By Race, Gender And Custody

Custody	Black			White			Hispanic			TOTAL		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
AC	13	9	4	6	3	3	0	0	0	19	12	7
OJJ	26	5	21	25	12	13	0	0	0	51	17	34
OCS	81	39	42	93	45	48	7	4	3	181	88	93
PRI	0	0	0	8	5	3	0	0	0	8	5	3
TOTALS	120	53	67	132	65	67	7	4	3	259	122	137

Custody by Race

Race	AC	OJJ	OCS	PRI
Black	68.40%	51.00%	44.75%	0
White	31.60%	49.00%	51.38%	100%
Hispanic	0	0	3.87%	0
TOTALS	100%	100%	100%	100%

Percent Private/State by Race

Race	Private	State
Black	0	47.80%
White	100%	49.40%
Hispanic	0	2.80%
TOTALS	100%	100%

Racial Distribution

Race	%
Black	46.30%
White	51.00%
Hispanic	2.70%
TOTAL	100%



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ADMISSIONS, DISCHARGES, AND LENGTH OF STAY STATISTICS

Statistics related to the admission and discharge of youth from the different levels of care are presented in the chart below. For purposes of utilization review, these statistics also provide information regarding length of stay by custody and level of care for the reported year. It is important to note that the statistics are a representation of the reported year of 2008. Length of stay was determined by dividing the number of days of care provided by the number of clients served only for the year of 2008.

Residential Program	Custody	Continued from 2007	Admitted In 2008	Discharged In 2008	Continued to 2009	Participants	Days Of Care	Average LOS (days)
CAB	OCS	29	7	6	30	36	10,878	302.16
CS	OCS	6	4	4	6	10	2,061	206.10
AC	AC	3	16	16	3	19	1,057	55.63
SA/TL	OCS	3	8	7	4	11	1,805	164.09
ESC	OJJ	1	19	18	2	20	620	31.00
	OCS	7	32	32	7	39	2,082	53.38
	PRI	0	3	3	0	3	91	30.33
	TOTAL	8	54	53	9	62	2,793	40.04
RGC	OJJ	18	13	14	17	31	6,036	194.70
	OCS	31	30	31	30	61	12,316	201.90
	OCS (MHGNO)	0	24	7	17	24	3,252	135.50
	PRI	2	3	1	4	5	814	162.80
	TOTAL	51	70	53	68	121	22,418	185.27
GRAND TOTALS		100	159	139	120	259	41,012	158.34

RESIDENTIAL LENGTH OF STAY STATISTICS

Statistics related to the total length of stay for all discharged youth during 2008 is represented in the chart below. This statistic is calculated from day of admit to day of discharge.

Length of Stay (LOS)

Average LOS for all discharges during the statistical report of service period of 2008:	231.60 Days
Range of LOS for all discharges during the statistical report of service period of 2008:	
Shortest LOS: 1 Day (AC) / Longest LOS: 2,509 Days (CAB)	

Number of Discharges by Length of Stay during 2008

Length of Stay (Days)	Custody				Length of Stay Totals & Percent
	AC	OJJ	OCS	Private	
1 – 90 DAYS (1 – 3 MONTHS)	16	8	29	0	53 / 38.13%
91 – 180 DAYS (3 – 6 MONTHS)	0	10	12	0	22 / 15.83%
181 – 365 DAYS (6 – 12 MONTHS)	0	12	26	0	38 / 27.33%
366 – 546 (12 – 18 MONTHS)	0	3	14	1	18 / 12.95%
547 – 730 (18 – 24 MONTHS)	0	0	2	0	2 / 1.44%
731 – 1,096 (24 – 36 MONTHS)	0	0	3	0	3 / 2.16%
1,906 - (36 + MONTHS)	0	0	3	0	3 / 2.16%
TOTAL NUMBER OF DISCHARGES	16	33	89	1	139 / 100%



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INDEPENDENT LIVING

During 2008, 572 structured classes and seminars were presented to 14-21 year olds. This is an increase of 51.32% from the 378 structured classes and seminars taught in 2007. A total of 487 individual youth received services from the Independent Living Program. This is a decrease of 27.31% from the 670 individual youth who received services from the Independent Living Program in 2007. Children in the care of our agency, in the care of other child care agencies and in foster care have attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our staff provides services to a catchment area which covers all of northeast Louisiana; from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Program receives a pre-test and post-test for independent living skills assessment. During 2008 the average score on pre-tests was 66% with the average on post-tests being 87% for a pre-test/post-test average percent of change of 24%.

FAMILY COUNSELING CENTER

During 2008, Family Counseling Center served a total of 2,830 individuals. This number includes outpatient counseling, collaborative divorce services, Crime Victim's Assistance program services, residential counseling services, community outreach education and prevention services, and professional evaluation and referral services.

Statistics of Services and Programs Offered During 2008

Programs	Families	Individuals
Outpatient Counseling Services	194	320
Outpatient CVA Counseling Services	52	63
Outpatient Therapeutic Groups	113	201
Collaborative Divorce	4	10
Residential CVA Counseling Services	40	40
Residential Family Counseling Services	91	302
Residential Groups	39	39
Community Education and Prevention Services	0	1855
TOTAL SERVED	*533	**2,830

** Families that received counseling services*

*** Individuals that received services*

Subcategory Types of Services & Groups Offered by the Family Counseling Center during 2008

Services	Groups
Individual Therapy	Anger Management (Court-Ordered)
Marital Therapy	Conflict Resolution (Lincoln Parish Schools)
Trauma Counseling	CVA Adult Survivor Group for LMCH Residential Youth
Crime Victim's Program	1-2-3 Magic Parenting (Calvary Baptist Church and Life Choices)
Play Therapy	Filial Parenting for Parents of Traumatized Children (Family Counseling Center and Trinity Methodist Church)
Group Counseling	CHADD Parent to Parent for Parents of Children with ADHD
Custody Evaluations	Grandparents Raising Grandchildren
Collaborative Divorce	Trans-parenting for Divorced Parents
Community and Professional Trainings	Couple's Enrichment
Collaboration with Community Agencies and Churches	



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Outpatient clients represented Lincoln Parish, the 8 surrounding parishes and southern Arkansas. A total of 2,032 counseling sessions were conducted with outpatient families. Residential services included counseling with residents of our Ruston campus and their families from across our state. Groups were provided to residents on a variety of needed topics such as Grief group and House groups. Crime Victim's Assistance Program provided counseling and advocacy services for both outpatient clients and residential clients identified as victims of crime. In addition, other groups were provided to residential youth upon request.

Family Counseling Center staff facilitated training for professionals and provided informative and preventative programs to the community at large. Services provided to courts include custody evaluations, collaborative divorce services, anger management groups and co-parenting groups.

HOWARD SCHOOL

During 2008, Howard Educational Center provided educational services to a total of 204 different youth. 203 of these youth were residents of Louisiana Methodist Children's Home. Howard Educational Center served 160 different youth in regular Residential classes, an increase of 3.9% over the previous year. 32 youth moved through the regular classroom and on to either public school or Vo-Tech. 44 youth participated in short-term educational services. 18 youth participated in the Howard School GED program and 5 of these graduated after earning their GED yielding an average of 28%. 40 youth participated in the Howard Educational Career Educational program and 5 of these students obtained their skill certificates yielding an average of 12.5%.

FAMILY PLUS PROGRAM

During the calendar year of 2008, the programs of the Family Plus provided assistance to a total of 1,218 individuals and 567 families. Services offered included such things as: out-patient counseling, in-home counseling, assessments, referrals, aftercare, seminars and workshops.

The Multi Systemic Therapy (MST) in-home program in Monroe and Shreveport served a total of 64 families, representing 256 individuals. This marks the second year this service was provided; private families are one-third of the caseload and Office of Community Services (OCS) of the State of Louisiana is contracted to provide the remaining two-thirds of these cases. During 2008, 90% of the MST cases completed treatment, 85% of all cases show evidence of Improved Family Relations, and in 88% of all cases the youth demonstrated Success in Educational/Vocational Setting.

During 2008 Family Plus continued to pursue grant funding in order to enhance and expand services. The following grants were received in 2008: Wilson Foundation (\$20,000) and United Way of Northeast Louisiana (\$4,500). Family Plus will continue to seek grant funding in order to expand services.

During 2008, Family Plus offered Active Parenting classes and the Strengthening Families Program in all locations. Family Plus continues to seek innovative programming, which can help families thrive.

As 2008 drew to a close, Family Plus participated in Medicaid funding for our MST program. This will broaden the referral base and hopefully, lead to the expansion of the program. Family Plus also pursued expansion of the out-patient counseling services by beginning one or more new offices during 2009.

The demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.



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OUTDOOR WILDERNESS LEARNING CENTER (O.W.L)

During the calendar year of 2008, the programs of the Outdoor Wilderness Learning Center (OWL) provided services and activities for a total of 10,007 individuals. This was an 11% increase over total usage during 2007.

The Thomas Henning Family lodge was used by 555 guests. These guests included our youth's family members, hurricane evacuees, and staff from satellite offices. Feedback from guests and staff has been overwhelmingly positive. Some of our youth have been able to stay in the family lodges with their families while visiting. This has been a great opportunity for them to increase family strengthening and to be able to participate in family therapy with clinical staff. These services are scheduled in conjunction with a weekend stay.

The OWL was utilized by the Methodist Children's Home of Greater New Orleans (Mandeville campus) and the MacDonell Children's Home of Houma, LA during the evacuation of Hurricane Gustav. Our facility was able to offer food, shelter, safety, and some of the comforts of home. Youth from both facilities slept at the bunkhouse area while staff and their families were able to use the family lodge. 75 individuals utilized the facility during that time and their length of stay was approximately 2 weeks.

The Henning Conference center was utilized by over 3,500 guests and staff. It was used for various LMCH functions, trainings, summer programming, and special events. Outside groups utilized the conference center for weddings, banquets, workshops, and retreats.

Ropes course participation reached an all time high this reporting year with over 1,500 participants. Total revenue received during 2008 was approximately \$25,000. Groups included local churches, schools, businesses, and college groups. Staff and youth participated in team-building events that were held throughout the year on a regular basis.

2008 marked the beginning of the OWL Center 4H Club. This program began in late September with youth from our Ruston campus. The program involved the selection of a project that captured their interest. The choices range from the environment, foods & nutrition, health & fitness, animal care, horticulture, and personal development. Weekly meetings were held and led by OWL staff. In addition, our youth had the opportunity to participate in parish-wide club meetings, contests, and socials. The service projects were also an important focus of the program. Over 40 MCH youth participated in this program during the first 3 months.

Over 100 volunteers visited the OWL from states as far as Tennessee, Illinois, and Indiana. They brought with them a wide range of talents and a willingness to work. Various projects included; making salsa, working in the greenhouse, working with the orchard, painting, clearing areas, repairing fence lines, and a few construction projects.

The equine program has continues to experience growth as in entered the fourth year of operation. Equine-assisted psychotherapy and horsemanship classes were held daily after school. Half-day horse camps, team-building for staff/youth, and volunteer opportunities were included in the program. In addition, outside groups utilized the equine facility as a component of team-building. The total utilization for the equine program during the year of 2008 was 1,000 units.

During 2008 the OWL Center participated in Ruston's first-ever Farmer's Market. The Farmer's Market was held on Saturdays during the months of May, June, and July. OWL staff sold salsa, blueberries, and jelly. Several LMCH youth were able to assist with this project.

During 2008 salsa sales increased to an all time high of over \$75,000. Salsa was sold and shipped to individuals, businesses, and Methodist churches around the state of the Louisiana. The demand for salsa increased during the month of December as businesses and individuals purchased salsa as Christmas gifts. This product helps to promote Louisiana United Methodist Children & Family Services, Inc. throughout the state.